



## **Pre-Treatment**

There should be no active or fake tan in the area to be treated. Use of sun beds or prolonged exposure to sunlight is not allowed in the month prior to treatment. The area to be treated should be free from make-up, perfume, deodorant, body or face creams and fake tan, including gradual tanning moisturisers (e.g. Dove Summer Body etc.). Suntans must be left to fade completely before treatment can start. Fake tans must also be fully faded before treatment can commence. If you are taking any medication, please ensure that you inform us of what they are and what they are for. This is to ensure that there are no contra-indications with your treatment.

We reserve the right to charge for any appointment booked but abandoned due to active sun-tan or fake tan. Avoid aspirin and alcohol for 24 hours before treatment for tattoos to help prevent pin-point bleeding.

A medical history is taken at consultation, but we rely on you to inform us of any changes to this. We need to know of any medication you are taking including those bought from a chemist or herbalist and if there has been any change to your health.

## **Post-Treatment**

Typically, normal activities can proceed following treatment. It is best to avoid any activity that will cause excessive heat e.g. saunas, excessive exercise, massage to the area. Cool packs will be applied to the treated area. Make-up should be avoided on the area that has been treated.

Following treatment, the area may appear red and raised and you may experience a tingling sensation. This is completely normal and should settle over the next few days. Wash and bathe as normal but take tepid showers rather than hot baths. The skin should be patted dry and not rubbed. Use Lynton Light Soothe to keep the area moisturised and the skin protected.

Occasionally you may experience swelling in the area and this can last anything from 1-2 days up to 1-2 weeks. If you experience swelling, it is usually worse 1-2 days following treatment. If it follows a treatment to a facial area, sleeping with your head raised on pillows will minimise its appearance. Cool packs will also help to reduce the swelling.

If blistering or other adverse reaction occurs [contact us](#). Tel: 0151 203 0004 Keep the area clean and dry. Do not deliberately burst blisters. Do not use any other lotions or creams on open skin as this may increase the risk of infection.

Please note that the clinic does have a cancellation policy and we ask that any cancellations and/or rescheduling be made at least 24 hours in advance. Failure to do so will incur the treatment cost or the deduction of a treatment from a pre-paid course.

Children are not allowed into laser controlled areas and we are unable to supervise children left unattended in the reception area. Please do not bring children under the age of 16 unless a responsible adult is accompanying you.